



Project Proposal Form



Project Title: Virtuous women sewing worksho

Organization name: _____ FHICR _____

Country: _____ Costa Rica _____ **Province** _____ San Jose _____

City _____ Los Guido _____ **Community or Neighborhood** _____ Sektor 4 _____

Number of people this project helps _____ 8 _____ **Number of communities** _____ 1 _____

Do you want this project to be visible to public on the FHIF/VOCF website? yes no

1. Project Description.

Briefly describe your project. You must include how your project will strengthen churches, leaders, and families (VOC) and how it will be wholistic (provide “bread and Gospel”). In addition to projects (water, health, relief, child development, etc.), you can also request support for wholistic workers. It also helps to explain who the leaders are of this project and their qualifications. Requests can be for no more than 3 years. Write on back for more space.

An interactive outlet where single mothers and other women. Leaders of the community can grow holistically through vocational training.

The project coordinator is am incarnational missionary who envisions empowering these women and their families to overcome all kinds of poverty in n

Christ. Life skills such as practical ways to cook, interact and cope with difficult situations allows for these women to bring financial and spiritual support to their homes and neighborhood.

They would like to create their own micro enterprise through a sowing workshop. In the coming year, they will start to go to a sowing school to learn more.

2. How much funding is needed per year (US\$)? _____ 30 000 USD

3. When does project begin? _____ 5/2009 _____ How many years is this project? _____ 1 _____

4. Bite-sized requests: Give 3 examples of small ways that donors can give. For example: \$20 will provide seeds and tools for a family vegetable garden, \$100 will provide a child with tuition for a year of education, \$300 will help a family start or expand their business.

- a. 20 USD helps to give the woman a small snack for lunch
- b. 45 USD helps that one woman can go to the sowing school for one month
- c. 100 USD helps to gets the materials for one month

5. Project Manager Contact Info

Name: _____ FHICR _____

Email: _____

6. Where to Send Information and Other Requirements

- Input this data and photos at www.vocf.net (Receive) or email to info@vocf.net

- Brief report updates are due every 3 months (January 15, April 15, July 15, October 15)